



## LOVING SAVIOR LUTHERAN SCHOOL

### 2022-2023 NUT ALLERGY ALERT

This year, as in the past, we have students with health issues ranging anywhere from mild allergies, to asthma, to severe food allergies that require an Epipen. Here at Loving Savior, our goal is to make every child comfortable and able to learn despite their health issues. We need your help to make this possible for every child. We have some students who suffer from **severe allergies to nuts**. We have learned some things that would help these students avoid dangerous allergic reactions.

Here's how we all can help:

1. **Do not send any nut products to school!** There are many substitutes for peanut butter that have no nuts in them, and the taste is very close to the taste of peanut butter. Ask us in the office for suggestions of brands.
2. All Class treats for birthdays, etc., **must** be nut-free.
3. All students need to wash their hands thoroughly after lunch before they touch the playground equipment, balls, etc. The soap dispensers have been lowered so that every child can easily reach soap and water. Sending a wet wipe with their lunch from home would be a good idea!
4. Our hot lunch program and our vending machine will continue to be nut-free.
5. Our lunch tables will be washed carefully (as is our practice) before and after lunch.
6. We will routinely wash restroom doorknobs and faucets throughout the day.
7. Also, we will ask if any student notices that a student with "said allergy" is not feeling well, they will need to alert the duty teacher immediately so we can administer aid.

With all of us helping in this way, all students with this severe allergy should have a healthy year! Thank you for helping us make this happen.

If you have any comments or questions, please feel free to discuss it with me.

In His Service,

*Mrs. Valorie Wend*

Mrs. Valorie Wend  
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